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Pray Psalm 91 Today

If you've read Scripture, but never prayed it, **praying Psalm 91** will be a new experience.

Push past the newness and any discomfort. That won't take long. And you might want to do a bit of foundational reading about [how to pray Scripture](#).

Come to the place of feeling the power that releases when you actually pray the Word of God. This is where we want to be with **Psalm 91**.

Pushing past the discomfort is especially important if you've grown up in a tradition of scripted prayer, scripts:

... written by others
...some anonymous spiritual giants
...in ages past.

Psalm 91 is a script penned by either David or Moses (The jury is still out on the authorship!). But, it IS written by a spiritual giant who was inspired by the Spirit of God. Be confident in the source!

How To Pray Psalm 91 - The Simple Method

Now, take the script of **Psalm 91** and make it personal by changing the pronouns. Make it personal. **Pray Psalm 91** from an "I" or "We" perspective. Such a change will alter the wording just a bit, without subtracting from the truth and power in the passage. But, praying this way puts you in the very middle of that truth and power.

I'll say again, if you've not been exposed to this type of prayer before, it may sound strange at first. It is a prayer of proclamation, a proclamation of faith. This form of **Scripture prayer** is very different from the prayer of supplication or asking. It's like taking off in a hang glider: whole new point of view.

Here's an example from **Psalm 91:1** taken from the NKJV:

*He who dwells in the secret place of the Most High
shall abide under the shadow of the Almighty.*

You could simply pray:

*I dwell in the secret place of the Most High
And I shall abide under the shadow of the Almighty*

or

*We dwell in the secret place of the Most High
And We shall abide under the shadow of the Almighty*

How To Pray Psalm 91 – The Longer Method

The better method, if you have the time, is to take time pondering the content of **Psalm 91:1**.

- Let it roll around on the inside of you a bit.
- Let it speak to you and become your own.

The Lord may speak to you about being more consistent about this “dwelling” and “abiding”. Wonderful! You’ve tapped in and are receiving instruction from the Holy Spirit who is your counselor.

Let’s suppose this has happened. Your **Psalm 91 prayer** would sound something like this:
Lord, I have made a decision to dwell in Your secret place, the secret place of the Most High. This is the intent of my heart, but I need your help to stay consistent in staying there, in abiding under Your shadow, O Most High. In my own strength this is impossible. But, in You, O Lord, all things are possible. Alleluia!

Change of tone over the simple method, right? Can you see how much more personal, more dialogue-like this prayer is? Now you have something specific you are asking of the Lord... something specific to look for as He responds.

Such prayer builds relationship, trust and faith.

This will supercharge your spiritual growth!

A powerful tool for digging deeper into Psalm 91 and for supercharging your faith is the free mini-course, [Release the Power of Power of Psalm 91](#). Sign up today!

Which Method Do You Need for Praying Psalm 91? The Quick and Simple Method

works well when your back is against the wall and you need to encourage yourself in the Lord right NOW.

I use this simple method when I’m in a tight spot and my emotions are out of control...or threatening to be out of control. You’re familiar with those kinds of times, right?

Write out your own **simple prayer version of Psalm 91**. Print it off.

- ♣ Tape a copy to your bathroom mirror.
 - ♣ Put another in your wallet.
 - ♣ What about the glove compartment of your car?
- Keep them handy to pray often.
Before long you’ll have it memorized!
You’ll be praying this often because it brings such peace and strength.

The Longer Method of Praying Psalm 91

has the possibility of being more than a prayer.

This method of meditating on Scripture is actually a way of hearing God. The more time you give it, the more you hear.

So, the more labor-intensive way of the longer method is also a way of spiritual growth!

For more information about meditating on Scripture, go to **Meditation** .

I used this method of meditation and prayer to develop **No Storm Too Great!** The process lasted about six months. This was a challenging time in my life. **Praying with Psalm 91** gave me the strength of God to come through it stronger and wiser for the experience.

In those six months I wrote two hours and twenty minutes worth of prayers based on a 16-verse Psalm and related Scriptures. These **prayers from Psalm 91** were a balm of peace and healing for me and have been for many other people since the recording was released. Read more about **No Storm Too Great!**

More Resources for Praying Scripture

Releasing the Power of Psalm 91 - a free 5-week e-course - the most comprehensive one available on the internet free of charge! This is life-changing. Don't miss it!

Pray Scripture: a good intro to the topic of **praying Scripture**

How to pray Scripture - helpful step-by-step instructions for **praying Scripture**

How to find Rhema - instruction on how to locate God's living Word for your prayer time

Meditation – reap the rewards of pondering the Word in your heart. Use this guide for meditating on and **praying Psalm 91**

Psalm 91 Video meditation for personal prayer and Bible study

Psalm 91 blog - for the Psalm 91 lover: great articles, podcasts, videos